

MUSIC city COUNSELOR

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www.musiccitycounselor.com

Printables Instructions:

Pretest/Posttest:

Before any of my Middle School Transition programming (lesson + tour of the local middle school) begins, I administer this pretest to students. It measures students' feelings, worries, thoughts, fears, and confidence about heading to middle school. The pretest helps me gain valuable data to plan my programming in a way that is catered to their needs. After my Middle School Transition programming ends, I administer the same test to students to gauge the effectiveness of my programming and to better understand where they stand now in their journey to middle school.

The pretest/posttest has a maximum score of 6, with 6 being the most confident/ready a child feels about transitioning to middle school.

Here is how I score Questions #1 - #5:

- 1) Question 1: I gave students 1 point for each positive (happy and excited) face they chose for a maximum of 2 points
- 2) Question 2: I gave 1 point for "yes" and 0 points for "no"
- 3) Question 3: I gave 1 point for "no" and 0 points for "yes"
- 4) Question 4: I gave 1 point for "yes" and 0 points for "no"
- 5) Question 5: I gave 1 point for "yes" and 0 points for "no"
- 6) Question 6 & 7 are qualitative and informational in nature and I did not assign them a numerical score

My Goals for Middle School:

Both full color and black/white My GOALS for Middle School half-sheet pages are included, too, to help students set S.M.A.R.T Goals! Each child will need one half-sheet page. 2 clipart versions are included!

Questions, comments, or suggestions? Please email me any time at laura@musiccitycounselor.com!

Middle School Transition Pretest/Posttest

Name: _____

I'm Heading to Middle School!

- 1) When I think about starting middle school, I feel...(choose as many as you'd like!)



Happy



Nervous



Excited



Scared



Sad



Confused

- 2) I feel excited for middle school.

YES!

NO.

- 3) I feel scared and nervous about moving to middle school.

YES!

NO.

- 4) I know what to expect in middle school.

YES!

NO.

- 5) I feel confident and ready for middle school.

YES!

NO.

- 6) When I think about starting middle school, I am most nervous about...

- 7) When I think about starting middle school, I am most excited about...

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- 5) I feel confident and ready for middle school.

YES!

NO.

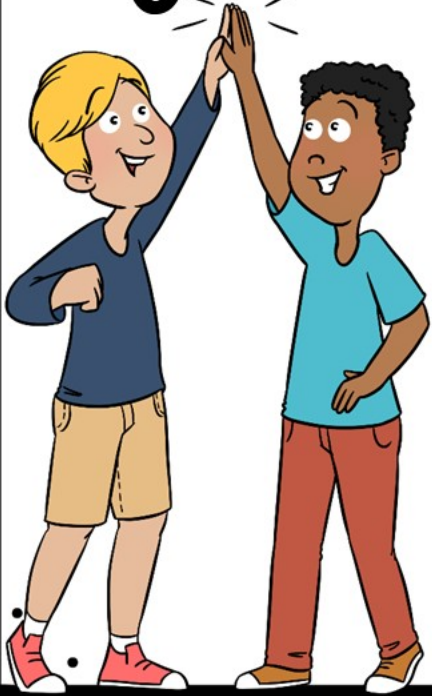
- 6) When I think about starting middle school, I am most nervous about...

- 7) When I think about starting middle school, I am most excited about...

Middle School Transition S.M.A.R.T Goals

Name _____

My GOALS for Middle School...



1)

2)

3)

Name _____

My GOALS for Middle School...



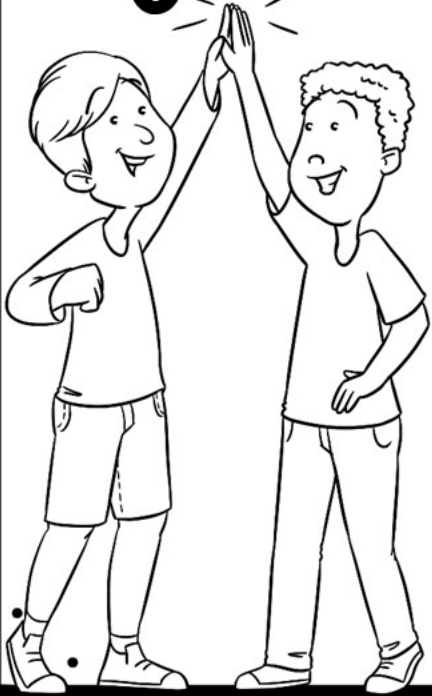
1)

2)

3)

Name _____

My GOALS for Middle School...



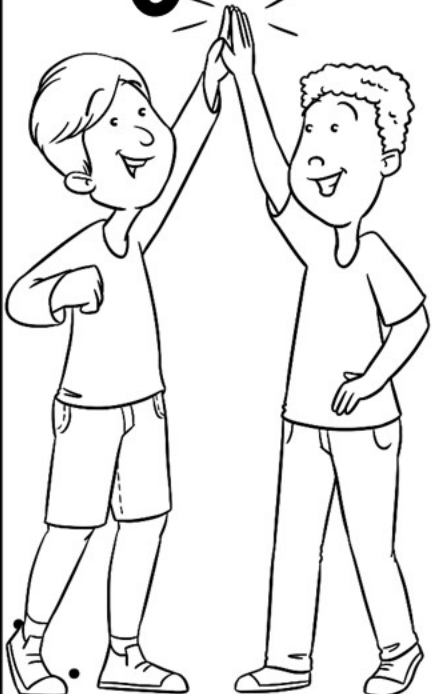
1)

2)

3)

Name _____

My GOALS for Middle School...



1)

2)

3)

Name _____

My GOALS for Middle School...



1)

2)

3)

Name _____

My GOALS for Middle School...



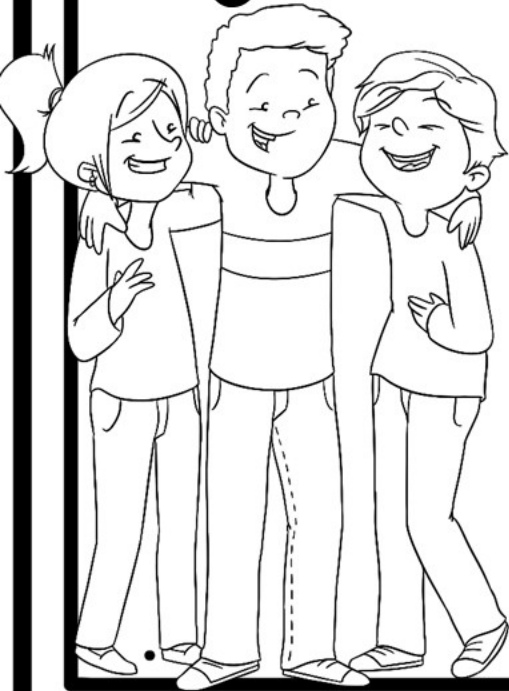
1)

2)

3)

Name _____

My GOALS for Middle School...



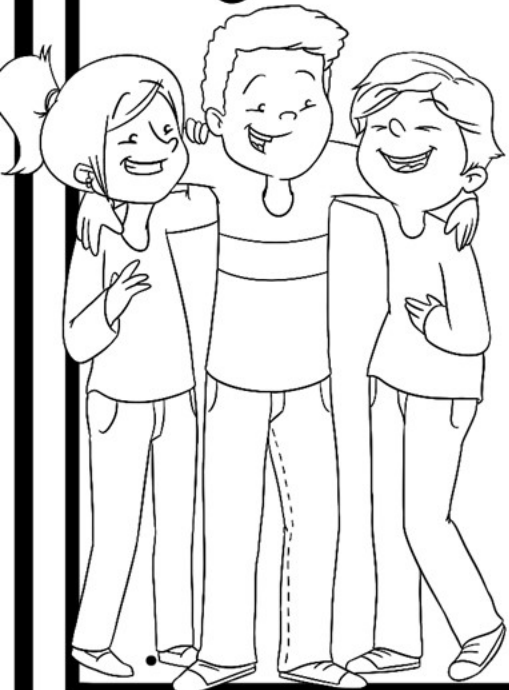
1)

2)

3)

Name _____

My GOALS for Middle School...



1)

2)

3)

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Please contact me any time at laura@musiccitycounselor.com with questions, suggestions, resource requests, or comments! I'd love to hear from you!

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